Association Between Estimated Cumulative Vaccine Antigen Exposure Through the First 23 Months of Life and Non–Vaccine-Targeted Infections From 24 Through 47 Months of Age

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IMPORTANCE Some parents are concerned that multiple vaccines in early childhood could weaken their child’s immune system. Biological data suggest that increased vaccine antigen exposure could increase the risk for infections not targeted by vaccines.

OBJECTIVE To examine estimated cumulative vaccine antigen exposure through the first 23 months of life in children with and without non–vaccine-targeted infections from 24 through 47 months of age.

DESIGN, SETTING, AND PARTICIPANTS A nested case-control study was conducted in 6 US health care organizations participating in the Vaccine Safety Datalink. Cases were identified by International Classification of Diseases codes for infectious diseases in the emergency department and inpatient medical settings and then validated by medical record review. Cases of non–vaccine-targeted infection were matched to controls by age, sex, health care organization site, and chronic disease status. Participants were children ages 24 through 47 months, born between January 1, 2003, and September 31, 2013, followed up until December 31, 2015.

EXPOSURES Cumulative vaccine antigen exposure, estimated by summing the number of antigens in each vaccine dose received from birth through age 23 months.

MAIN OUTCOMES AND MEASURES Non–vaccine-targeted infections, including upper and lower respiratory infections and gastrointestinal infections, from 24 through 47 months of age, and the association between these infections and estimated cumulative vaccine exposure from birth through 23 months. Conditional logistic regression was used to estimate matched odds ratios representing the odds of non–vaccine-targeted infections for every 30-unit increase in estimated cumulative number of antigens received.

RESULTS Among the 944 patients (193 cases and 751 controls), the mean (SD) age was 32.5 (6.3) months, 422 (45%) were female, and 61 (7%) had a complex chronic condition. Through the first 23 months, the estimated mean (SD) cumulative vaccine antigen exposure was 240.6 (48.3) for cases and 242.9 (51.1) for controls. The between-group difference for estimated cumulative antigen exposure was −2.3 (95% CI, −10.1 to 5.4; P = .55). Among children with vs without non–vaccine-targeted infections from 24 through 47 months of age, the matched odds ratio for estimated cumulative antigen exposure through age 23 months was not significant (matched odds ratio, 0.94; 95% CI, 0.84 to 1.07).

CONCLUSIONS AND RELEVANCE Among children from 24 through 47 months of age with emergency department and inpatient visits for infectious diseases not targeted by vaccines, compared with children without such visits, there was no significant difference in estimated cumulative vaccine antigen exposure through the first 23 months of life.

In the past 3 decades, the routine childhood immunization schedule in the first 2 years of life expanded from 3 vaccines against 7 diseases to 10 vaccines against 14 diseases. Some parents believe this increase in vaccine exposure is harmful to children, with specific concerns that early childhood immunization “overloads” the immune system and increases the risk for future infection. Based on this concern, an estimated 10% to 15% of parents are choosing delayed or alternative immunization schedules for their children.

A 2002 report by the Institute of Medicine identified biologically plausible mechanisms by which multiple antigen exposure from vaccines could induce immune dysfunction and increase the risk for infections not targeted by vaccines. This hypothesis was tested in a Danish cohort of children born between 1990 and 2001. Examining a childhood schedule that included 5 vaccines against 7 diseases, the study did not find evidence that multiple antigen exposure was associated with the risk for non–vaccine-targeted infectious diseases.

To date, the association between multiple vaccine antigen exposure and non–vaccine-targeted infections has not been tested in a US population with the current recommended immunization schedule. In addition, a 2013 Institute of Medicine committee examined existing evidence on the safety of the current schedule and concluded that additional observational safety studies were warranted. The committee specifically recommended examining the complete early childhood schedule (ages 0 through 23 months) as it relates to future adverse outcomes. The objective of this study was to examine estimated cumulative vaccine antigen exposure through the first 23 months of life in children with non–vaccine-targeted infections from ages 24 through 47 months compared with children without such infections.

**Methods**

**Setting and Study Cohort**

We conducted a matched case-control study that was nested within a cohort of children enrolled in 6 integrated health care organizations that are part of the Vaccine Safety Datalink (VSD). The VSD is a research collaboration funded by Centers for Disease Control and Prevention that uses electronic health record (EHR) databases to conduct epidemiological studies of vaccine safety. These health care organizations are located in Northern California, Southern California, Washington, Colorado, Oregon, and Wisconsin. Each VSD site creates standardized data sets containing demographics, membership enrollment, vaccination history, and medical encounters in outpatient, emergency department (ED), and inpatient settings. Institutional review boards at each VSD site approved the study and determined that informed consent was not required.

VSD data sets were first used to identify children born between January 1, 2003, and September 30, 2015. Eligible children were followed up through age 47 months or until disenrollment from their health care organization; the median age at follow-up was December 31, 2015.

**Cases of Non–Vaccine-Targeted Infection**

From ages 24 through 47 months, potential non–vaccine-targeted infections were identified in VSD data sets using International Classification of Diseases, Ninth and Tenth Revisions, Clinical Modification (ICD-9/10-CM) codes in the ED and inpatient settings (eTable 1 in the Supplement). The list of outcome ICD codes was based on a Danish cohort study by Sørup et al, which tested a similar hypothesis. Non–vaccine-targeted infection outcomes included lower respiratory infections, upper respiratory infections, gastrointestinal infections, and other viral and bacterial infections. In the cohort, the first occurrence of an ICD code for a non–vaccine-targeted infection from ages 24 through 47 months was identified as a potential incident case.

A stratified, random sample of potential cases was selected for medical record review to confirm case status. The sample was stratified by VSD site and health care setting. For the medical record review, trained abstractors at each VSD site used a standardized medical record extraction form to confirm that the infectious outcome occurred, that it was an incident outcome, that the outcome was the primary reason for the medical encounter, that the outcome occurred in the inpatient or ED setting, and that there was no documentation in the medical record that the child was diagnosed as having a vaccine-preventable disease (VPD) on the same day as the non–vaccine-targeted infection. The VPDs are displayed in eTable 2 in the Supplement. Only cases that met these criteria were included in the analysis as confirmed cases. The diagnosis date for each confirmed case represented the index date for the matched case-control analysis. Cases had to be continuously enrolled in their health care organization until the index date.

**Controls**

A risk-set sampling approach was used to select controls. Each confirmed case was matched to up to 4 controls by age at the index date (±2 weeks), sex, VSD site, and chronic disease status. Eligible controls were randomly selected from the cohort.

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**Key Points**

**Question** Is exposure to multiple vaccines through the first 23 months of life associated with an increased risk for infections not targeted by vaccines?

**Findings** In this nested case-control study that included 193 cases with non–vaccine-targeted infections and 751 controls without non–vaccine-targeted infections, the estimated mean cumulative antigen exposure from birth through age 23 months was 240.6 for cases and 242.9 for controls, a difference that was not statistically significant.

**Meaning** Among children from 24 through 47 months of age with non–vaccine-targeted infections, compared with children without such infections, there was no significant difference in estimated cumulative vaccine antigen exposure through the first 23 months of life.
did not have a diagnosis for a VPD on the index date, and did not have an inpatient or ED record of a non-vaccine-targeted infection prior to the index date. Eligible controls also had to be continuously enrolled in their health care organization up until the index date. Chronic disease status at age 2 years was determined using the Pediatric Medical Complexity Algorithm.13

Multiple Antigen Exposure
For cases and matched controls, vaccine antigen exposure was estimated from birth through age 23 months. Antigen exposure was measured as the number of immunogenic proteins and polysaccharides in each vaccine (eTable 3 in the Supplement).14,16 The vaccine immune response is primarily induced by these immunogenic proteins and polysaccharides.16 The number of antigens in recommended early childhood vaccines range from 1 to 93 per vaccine dose. During the study observation period, 5 new vaccines were added to the recommended schedule,17-21 and children who were vaccinated according to the recommended schedule could have been exposed to between 193 and 435 total cumulative antigens.

Antigen exposure was analyzed in 2 ways. For our primary exposure, we first estimated cumulative antigen exposure by summing the number of antigens in each vaccine dose through the first 23 months of life.14,15 We then compared estimated antigen exposure among children with and without non–vaccine-targeted infections from ages 24 through 47 months.

This cumulative measure of antigen exposure, however, does not account for “shot-limiting” behavior, in which parents limit the number of vaccines that their infants receive at each vaccine visit.22,23 While children on one of these alternative immunization schedules receive fewer than the recommended number of doses at each vaccine visit, they may also end up receiving all recommended doses by age 23 months. Children on such schedules may therefore have the same cumulative antigen exposure as children who receive all vaccine doses according to the Advisory Committee on Immunization Practices schedule. To account for this, we first identified the single vaccine visit with the maximum number of antigens that each child was exposed to from birth through age 23 months as a prespecified secondary exposure assessment. We then compared estimated maximum single-day antigen exposure among children with and without non–vaccine-targeted infections from ages 24 through 47 months.

Statistical Analyses
For our power analysis, we assumed an alpha of .05, an $r^2$ value of 0.20, and an SD for estimated cumulative antigen exposure of 1.79. The $r^2$ value represents the relationship between estimated cumulative antigen exposure and other analyzed covariates. The SD was calculated from the cohort prior to selecting cases and controls and represents the SD for estimated cumulative antigen exposure scaled to 30-unit increments. A 30-unit increment was chosen because it represents the approximate number of antigens that infants were exposed to in each of the 2-, 4-, and 6-month well-child visits, prior to the reintroduction of rotavirus vaccines in 2006.18

Based on available resources, it was determined that 385 medical records of potential cases could be abstracted and manually reviewed across VSD sites. Assuming a range of confirmation rates from 25% to 80%, there would be approximately 100 to 300 confirmed cases. A case population in this range would provide 80% power to detect odds ratios (ORs) from 1.22 to 1.12, respectively. For example, with 100 confirmed cases, this study had 80% power to detect a 22% increased odds for non–vaccine-targeted infections from ages 24 through 47 months for every 30-unit increase in estimated cumulative antigen exposure from birth through age 23 months. These analyses were conducted assuming a 1:4 case to control ratio. Because the SD for cumulative vaccine antigen exposure was estimated from the entire study cohort, the power analyses were post hoc. Power analyses were conducted using PASS software (NCSS LLC).

Descriptive statistics were first conducted in the study cohort, including the sex distribution, mean estimated cumulative antigen exposure, and mean estimated maximum single-day antigen exposure. Cases and controls were analyzed with conditional logistic regression to estimate matched ORs (mORs) and 95% CIs. In the models, the dependent variable was non–vaccine-targeted infection (yes/no), and the main exposure variable was either estimated cumulative antigen exposure or maximum single-day antigen exposure before the child’s second birthday. For estimated cumulative antigen exposure, we evaluated the odds of non–vaccine-targeted infection for every 30-unit increase in cumulative antigen exposure. All models were adjusted for the number of outpatient visits from birth through age 23 months. All statistical tests were 2-sided, and $P < .05$ considered statistically significant. Both exposures were modeled as continuous variables, and model fit was assessed with the Hosmer-Lemeshow goodness of fit test.24,25

We used 2 methods to evaluate the assumption of linearity of the logit. We first conducted Box-Tidwell transformations, using a $P = .05$ cutoff for statistical significance. We then created categorical exposure variables by dividing the distributions of estimated cumulative antigen exposure and maximum single-day antigen exposure into deciles. Logistic regression analyses were conducted with the categorical exposure variables, using the lowest decile as the referent group. The decile-specific estimates were then plotted and visually observed to detect deviations from the linearity in the logit assumption.24

It is possible that some children in the study received vaccines outside their VSD health care organization, which were not captured in the study databases.23 This implies that estimated cumulative antigen exposure could have been misclassified for some children. To account for potential exposure misclassification, we conducted a quantitative bias analysis26 to determine the levels of exposure sensitivity that would have affected our conclusions on the association between estimated cumulative antigen exposure and risk of non–vaccine-targeted infections.

Secondary Analyses
In addition to assessing estimated cumulative and maximum single-day antigen exposure through age 23 months, antigen exposures were assessed up to the index date for cases and controls to account for vaccines received after 23 months of age.
For these 4 different exposure assessments, we applied 2 different methods for selecting controls. The first method involved excluding potential controls who had an urgent care visit prior to the index date. It is possible that some parents of controls may have used urgent care rather than ED services for non–vaccine-targeted infections. This implies that some controls may have been false-negatives, which, if associated with vaccine antigen exposure, would create a surveillance bias. Excluding controls with an urgent care visit for a non–vaccine-targeted infection would help minimize this potential bias.

The second method involved selecting controls with an ED visit for an injury from ages 24 through 47 months. This helped ensure that controls had access to health care and were using the health care organization to receive their care, thus minimizing the potential for false-negatives.

All analyses were repeated with a case-control population matched by race/ethnicity, in addition to age, sex, VSD site, and chronic disease status. Eligible controls were randomly selected from the study-eligible cohort (n = 495 193) and did not have an inpatient or emergency department record of a non–vaccine-targeted infection prior to the index date.
children who received no vaccines from birth through age 23 months, and excluding children who did not receive the varicella vaccine. The latter analysis was conducted because varicella contains the most antigens of routinely administered early childhood vaccines. All analyses were conducted using SAS version 9.4 (SAS Institute).

Results

Study Cohort, Cases, and Controls

After exclusions, the study cohort comprised 495,193 children born between January 1, 2003, and September 31, 2013 (Figure 1). Approximately half of the cohort was female (48.8%) and 3.8% of the children had a complex chronic condition by age 24 months according to the Pediatric Medical Complexity Algorithm.13 The mean (SD) estimated cumulative antigen exposure was 254.6 (53.6) months. The mean (SD) estimated maximum single-day antigen exposure was 101.0 (18.4) months (Table 1).

From ages 24 through 47 months, there were 47,061 events (ICD codes) for potential non–vaccine-targeted infections. Of these diagnoses, a stratified, random sample of 385 underwent medical record review. The characteristics of the source population of potential cases and sampled potential cases are displayed in Table 2.

Of 385 sampled potential cases, 193 (50.1%) were confirmed with medical record review. Reasons for excluding potential cases included medical encounter was not in inpatient or ED setting (26.0%), inpatient encounter was for a planned procedure (eg, pressure equalization tube insertion) rather than acute infection (14.6%), medical record was not reviewable (5.1%), encounter was not identified in medical record (2.1%), and primary reason for encounter was not the coded acute infectious illness (2.1%). Of the 193 confirmed cases, the groupings of specific infectious illnesses27 were upper respiratory infections (58.0%), lower respiratory infections (21.8%), gastrointestinal infections (9.3%), and other bacterial and viral infections (10.9%). Most cases were treated in the ED, as compared with the 44% that were admitted to the hospital. Cases were 45.1% female and the mean (SD) age at diagnosis was 32.5 (6.3) months. The mean (SD) estimated cumulative antigen exposure and maximum single-day antigen exposure for the cases were 240.6 (48.3) and 101.0 (18.4), respectively (Table 1).

Approximately 4 controls were matched to each case (n = 751). Controls were selected to have the same mean age, sex, and chronic condition distribution as the cases. The mean (SD) estimated cumulative antigen exposure and maximum single-day antigen exposure for the controls were 242.9 (51.1) and 100.5 (18.9), respectively. Between-group differences for estimated cumulative antigen exposure and maximum single-day antigen exposure were −2.3 (95% CI, −10.1 to 5.4; P = .72), and 0.5 (95% CI, −2.4 to 3.5; P = .35), respectively. Examples of the most common vaccine combinations are displayed by decile of estimated cumulative antigen exposure in eTable 4 in the Supplement. Because a higher proportion of cases and matched controls were identified from earlier in the follow-up period when fewer vaccines were recommended, the mean estimated cumulative antigen exposure for cases and matched controls was 5.5% lower than that of the overall study cohort (Table 1 and eTable 5 in the Supplement).

Risk of Non–Vaccine-Targeted Infection

Among children with versus without non–vaccine-targeted infections from ages 24 through 47 months, the mOR for estimated cumulative antigen exposure through age 23 months was not significant (mOR, 0.94; 95% CI, 0.84-1.07). The Hosmer-Lemeshow test indicated that the model had good fit (P = .11), and the Box-Tidwell transformation indicated that the

For the quantitative bias analysis, we focused on an exposure group of children in the top 90% of estimated cumulative antigen exposure (199-399 antigens) and a group of children in the bottom 10% of antigen exposure (0-198 antigens). Comparing these 2 groups, the observed OR for risk of non–vaccine-targeted infection was 1.13 (95% CI, 0.65-1.97). However, it is possible that some children classified in the bottom decile received vaccines outside the VSD site and were therefore truly exposed to higher antigen levels, leading to exposure misclassification. Using quantitative bias analysis, we showed that a wider range of plausible exposure misclassification levels would not have affected our conclusion that estimated cumulative antigen exposure is not associated with non–vaccine-targeted infection (eTable 6 in the Supplement).

Secondary Analyses

None of the secondary analyses revealed a statistically significant association between estimated cumulative or maximum single-day antigen exposure and non–vaccine-targeted infections (eTables 7, 8, and 9 in the Supplement). These analyses included assessing vaccines administered up to the index date, excluding controls with a non–vaccine-targeted infection in the urgent care setting, matching cases to controls by race/ethnicity (eTable 10 in the Supplement), matching cases to controls with an ED visit for an injury, stratifying the data by chronic condition status, stratifying the data by health care setting (ED/inpatient), and excluding children who either did not receive a varicella vaccine or did not receive any vaccines through age 23 months.
nologic responses can be either beneficial or detrimental.30,33 This study did not reveal any beneficial or detrimental associations with estimated cumulative vaccine antigen exposure in young children with non–vaccine-targeted infections in ED and inpatient settings.

A Danish cohort study using national registry data for children born between 1990 and 2001 examined the association between 7 childhood vaccinations and nontargeted infectious diseases in children younger than age 5 years.7 The study did not find evidence that multiple vaccine exposure was associated with the risk for nontargeted infectious diseases. Despite using a different population, study period, study design, and method of defining the exposure, this current nested case-control study arrived at the same conclusion.

A key strength of this current study was the use of medical record review to confirm non–vaccine-targeted infection case status. The confirmation rate for cases was 50.1%, suggesting that approximately 50% of the potential cases of non-vaccine-targeted infection using EHR databases were false-positives. An analysis of non–vaccine-targeted infections in the automated databases without medical record review could therefore lead to significant outcome misclassification bias. The magnitude and direction of the bias would depend on whether the misclassification was differential or nondifferential with respect to antigen exposure status, and whether the misclassification was correlated with the matching variables. A medical record review or quantitative method for addressing outcome misclassification (eg, quantitative bias analysis) would therefore be recommended for all EHR-based studies of the nonspecific effects of vaccines.26

**Limitations**

This study has several limitations. First, it is possible that the results were affected by a health care–seeking bias. When compared with parents who vaccinate their children on time, parents who intentionally undervaccinate their children may be more likely to present to the ED with acute infectious illnesses, out of concern their child has contracted a VPD.34 Second, physicians may be more likely to admit undervaccinated children with serious acute illnesses to the hospital than children who are fully vaccinated, thus creating a diagnostic bias. These behaviors would bias the results to the null hypothesis, if cumulative antigen exposure was truly increasing the risk of non–vaccine-targeted infection.

Third, although this study attempted to exclude VPDs from the analysis, it is possible that a proportion of the outcomes were undiagnosed VPDs. This would lead to an overestimated rate of illness among the undervaccinated (ie, those with lower vaccine antigen exposure) and may have biased the results to the null hypothesis. While this cannot be definitively ruled out, VPDs are rare in the United States,35,36 and it is unlikely that such misclassification would have changed this study’s conclusion.

**Conclusions**

Among children from 24 through 47 months of age with ED and inpatient visits for infectious diseases not targeted by vaccines, compared with children without such visits, there was no significant difference in estimated cumulative vaccine antigen exposure through the first 23 months of life.
Cumulative Vaccine Antigen Exposure in Children With and Without Non–Vaccine-Targeted Infections

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